

Tiffany Ehnes

Author • Speaker • Educator • Animal Advocate

Tiffany Valla-Ehnes is an internationally published author with more than 20 years of experience in the industry. She has worked for several international business magazines as an editor and writer. Her previous work in entrepreneurship has been mentioned in *Forbes* magazine.



Tiffany is a passionate educator and inspiring dynamic public speaker for the Way of the Emotional Warrior. She brings her experience in positive psychology and neuroscience research as well as a background in balancing energy and emotions through shadow work.

She was honored by the Coca-Cola Scholars Foundation for her work in education. She is passionate about global educational opportunities for girls as well as preserving the dignity and rights of animals. Her literary work is available in over 195 countries and each book sale helps donate money to different charities.

When she is not writing, you will find her enthusiastically exploring her own unique “*joie de vivre*” which includes riding horses, cooking plant-powered meals, and hiking in nature.

You can connect with Tiffany on Facebook, Instagram, or email Tiffany@TiffanyEhnes.com

Her books are available through most major bookstores, as well as through her website www.TiffanyEhnes.com



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